

## PREFACE

**This is a book for practitioners, healers, and practitioner/healers.**

I've wanted to write a book about Doc Wheelwright's unique insights on herbal healing for a long time. Something's held me back 'til now.

You see, Wheelwright was able to take the ordinary, garden-variety, handed-down-for centuries, lost-its-place (to the overwhelming onslaught of drugs), weird and wacky field of herbology (as most people know it); and transform it back into the true medicine for the healing of the world's peoples. It took a lot of savvy and experience combined with the futuristic insights of science to bring forth a new dimension in herbal healing—one that is no longer an anachronistic *alternative* to the frightening side-effects and failures of modern medicine; but one that is relevant to our times and its new challenges.

Wheelwright believed that truth was self-evident for those who had eyes to see and ears to hear. Over the years since Wheelwright left us his legacy of herbal and healing insights, a growing number of dedicated natural health practitioner/healers have found the truth of his theories, theorems, insights, and principles. Now, with years of confirmation and success at the clinical level, it's time to share the fundamentals of Wheelwright's profound discoveries.

I became a Wheelwright protégé during the last seven years of his amazing and colorful life. I "got it", little by little, through a process that was both learning and unlearning. But "getting it" is a bit different than "being or doing it." I was able to provide both an historic as well as a practical matrix to Wheelwright's work, as seen in the publications to date, but it took a little time to put it into practice—hence the wait.

Telling the story of the culmination of Wheelwright's 'better mousetrap' would be easy—it's simply a show-and-tell session like you'd get with any person or company with a product to sell. But Wheelwright really wasn't about show-and-tell. Wheelwright possessed an overview—an innate and intimate relationship with life—that guided him past the myriad pitfalls and sidetracks that plague the natural health movement. He was always two steps and thirty-years ahead of his time. He not only built better mousetraps, he was also a pied piper that carried a message forth—one that could rid our lives of the vermin (both literal and figurative) that affect our bodies and minds.

So telling this story so the deeper, universal insights are properly included has taken years of clinical practice, much trial and error, some devil's advocacy, and many blessed successes. Thankfully, now it's time.

**This is a book about the hairsbreadth between mediocrity and radiance.**

The distance between a practitioner and a healer can be immense in some cases, and in others only a hairsbreadth. The practitioner has knowledge, skills and a system. A practitioner can do great things. The healer has an understanding/awareness of life-principles and an empathy/perception of the cause of a person's state of limited adaptability combined with the ability to elicit a movement toward optimal health (change in vibratory rate) in another person. A healer can do great things as well.

In the healing arts, this world contains 99.9% practitioners. The 0.1% healers are both rare and misunderstood, and thus largely ineffective, globally.

But to be a practitioner that dwells in a healing perception is to be truly effective. “Ah, there’s the rub,” as Master Bill would say *to be or not to be* a practitioner (with well-honed skills and expertise) plus to be the healer with the understanding, insights, and compassion to set the stage for the healing change. So here’s the pinnacle of the healing professions – the practitioner/healer. Many practitioners have found that Wheelwright’s research and resulting bio-energetic herbal/nutritional formulas help bridge the gap between being a practitioner and a healer, and thus help support the practitioner/healer pursuit.

**This is a book for all practitioners, healers, and practitioner/healers of every persuasion and modality.**

The purpose of this material is certainly to help practitioners practice well. But hopefully the crown of healing genius that Wheelwright wore, often unnoticed like an old slouch hat, will be revealed and contribute to the return of the “true medicine” to its rightful prominence.

To present Wheelwright’s formulas without presenting some of his essential insights would simply cater to practitioners’ seemingly perpetual need for better mousetraps only to have them slung and sprung at the hoard of symptoms plaguing humanity instead of piping the melody that can actually free humanity from so many of its ills. (I’m not naïve in hoping for great changes to come from these discourses, but I know it’s right to expect the best.)

The knowledge about Wheelwright’s amazing formulas has been quietly growing for years despite the jaded skepticisms of practitioners who think they’ve already found “the best” and feel justified in closing their minds; and the indoctrinations by companies seeking to hold practitioners in their fold, driven by their bottom line more than their top-line commitment to true healing. This book is not to indoctrinate practitioners about formulas that “are the so-called best”, but to present the principles and understandings that Wheelwright applied – principles that inevitably help all practitioners practice better regardless of their healing modality and tools of choice.

Thus this book is really about the healing principles that allow us to understand the body’s innate processes of regeneration, adaptability, and vitality as an expression of life itself. And this noble mission is completely compatible with Wheelwright’s research.

**This book is parochial, but then again, it’s really not.**

In citing Wheelwright’s formulas, this book might appear, superficially, to be parochial to his “line” or his “company.” And that’s certainly true – so please understand this before we start. This material is independent insights on Wheelwright’s work and is not intended as literature or marketing for Systemic Formulas, Inc. – the company that meticulously manufactures Wheelwright’s formulas.

Beyond the focus on Wheelwright’s formulas, there is one exceptional caveat: Wheelwright’s principles are universal. They are not limited to anyone’s formulas or any type of practice. They take us deeper into the meaning of TRUE HEALING and ultimately what it means to be a “practitioner/healer” which is a phrase that defines Wheelwright better than any other adjective or epithet ascribed to him including biochemist, genius, free-spirit, tool-and-die maker, rabble-rouser, quantum physicist, herbalist, rascal, savant, rebel; iconoclast, and character – all of which colored his essential nature.

Here, you’ll see that ole Doc Wheelwright left us quite a legacy. Not just his superb herbal formulas which have helped tens-of-thousands of people regain their health; but the true legacy of a way of thinking on a more thorough and comprehensive level. Wheelwright had a knack of thinking deeper, broader, and more universally. He was the child with the perpetual “WHY?” and he had an uncanny antenna for bull-hockey that spews forth from people who know what to think instead of how to think.

These traits gave him the enviable and unique ability to think outside the box while knowing exactly where the box was.

I hope you find the secrets of Wheelwright's legacy in this book. It's not in knowing what herbs go with what herbs. It's not in knowing which herbs are anionic and which are cationic. Nor is it in knowing what is the energy frequency of the gizzard, thyroid, ganectagezoit, or liver.

It's in .... well, you'll see.

Jack Tips 12/31/03 NEW DIMENSIONS IN HERBAL HEALING

### The Wheelwright Legacy By Jack Tips, N.D., Ph.D., C.C.N., C.Hom.

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**ABSTRACT.** Alexander Stuart "Doc" Wheelwright, PhD, a 20<sup>th</sup>-Century herbal researcher, shaped a new dimension in natural healing with revolutionary breakthroughs in herbology including 1) herbal polarization principles, 2) tissue frequency (bio-energetic) compatibility, 3) solutions to many of herbal medicine's limitations, and 4) the pinnacle of his research the six Systemic Bio-Command formulas. Proper application of the Wheelwright Healing System provides the clinician an unprecedented degree of precision and comprehensiveness in herbal/nutritional therapies that produces faster, more thorough, and more consistent remedial results.

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#### DEFINITIONS

**Bio-Energy** The flowing resonance of all life forms. The distinct, unique, and measurable energy generated by living matter. Sometimes called, "vitality," or "ch'i." In the human spectrum of bio-energy, the higher frequencies express greater adaptability and health.

**Bio-Command<sup>®</sup> Formula** an herbal combination designed by master herbalist A. Stuart Wheelwright that increases the effectiveness and restorative action of a Bio-Function formula (specific tissue nutrition) through enhanced assimilation, increased tissue receptivity, and most importantly, by specifying the direction and impact of the combined herbal matrix toward one of six specific cellular functions (commands). This allows the herbal practitioner greater precision in clinical applications of herbal medicine.

**Bio-Function<sup>®</sup> Formula** a nutritive and therapeutic herbal combination, designed by A. Stuart Wheelwright, that has been 'tuned' to a specific tissue's bio-energetic resonance matrix. It is designed to support that specific tissue (organ, gland, body system), both biochemically and bio-energetically, to optimize its inherent function and performance, thus helping the body restore and maintain its most optimal health.

**Herbal Polarization Principles** Wheelwright catalogued herbs according to three ionization potentials 1) *anionic* (-) which supports the cells' anabolic, building, tissue-relaxing, base (alkaline) activities; 2) *cationic* (+) which stimulates cellular activities toward their inherent catabolic, cleansing, active, acid-cycle processes; and 3) *poly-ionic* (o) which provides a balanced or tonic effect to a tissue or body system. The inherent polarization potential of an herb plays a critically important and determining role in how that herb behaves when combined with other herbs, as well as how the body responds, and thus is of paramount importance for formula effectiveness.

**Tissue Frequency** The bio-energetic signature or resonance pattern (matrix) that defines a tissue's innate physiology and function; the defining energy matrix of a tissue upon which

its cellular identity and functional systems are organized. It is the resonance matrix, unique and measurable, of the tissue's innate, intelligent organizational structure based on the tissue's archetypal blueprint.

**Wheelwright Healing System** – a technique of comprehensive herbal, nutritional, and bio-energetic therapy that simultaneously provides multi-faceted support for 1) the body's constitutional state; 2) the tissue's biochemistry, bio-energy, specific functions, and cellular integrity; plus 3) tissue nourishment; 4) specific xenobiotic<sup>1</sup>, toxic chemical/metal, and pathogenic involvements, 5) the underlying terrain (pH); 6) drainage of metabolic and other waste products; with application of the 7) Bio-Command directive. The Wheelwright Healing System is known for helping the body heal more rapidly and thoroughly.

## INTRODUCTION TO A NEW DIMENSION IN HERBAL MEDICINE

### Featuring Five Discourses on the Wheelwright Herbal Research and Healing System

In the past, health concerns mostly revolved around infections, wounds, acute diseases, plagues, and malnutrition. Today, we still have those ancient, fundamental concerns, oftentimes in different guise; but we now have the added confusions of 1) xenobiotic and other toxic agents (chemicals, heavy metals, preservatives, food additives, industrial pollutants, pesticides, household cleaners, anti-perspirants, second-hand smoke, petrochemicals, etc.); 2) errant application of vaccinations that confuse the immune system and introduce toxic levels of mercury into infants bodies; 3) radiations (nuclear, electro-magnetic, etc.) that mutate cells and proliferate cancerous activity; and 4) new, resistant strains of pathogens to further challenge the adaptability of the human vital force to maintain optimal health.

These new environmental challenges are coupled with the severe bankruptcy of today's food-nutrition with its proliferation of altered, empty-calorie, "quick-and-the-dead" foods that fail to provide our bodies with the fundamental nutrients they need to express optimal health.

Into this maelstrom era of environmental pollution and nutritional impoverishment entered a champion who found a way to re-introduce the natural remedies, nutrition and lifestyle factors that our bodies crave for proper health. That champion was Alexander Stuart "Doc" Wheelwright, a biochemist and herbal researcher who applied the principles of quantum physics to the ancient science of herbology.

In the natural model of health, we find that the body is designed to heal itself provided there is no obstruction to cure. Obstructions can be congestions of blood and lymph, as well as bio-energy. But today, more than ever, our bodies are subjected to countless toxic and unnatural substances that stress its operating systems and inhibit its ability to maintain itself. When uncomfortable and painful symptoms appear and herald the body's distress, people seek help in correcting the pain or discomfort.

It is unfortunate that, all too often, people turn to suppressive, medical drugs to makes the symptom go away. It is unfortunate because suppressive drugs only push the disease in deeper (under the rug, so to speak) into the person's vitality. Since the symptom is suppressed and the cause not addressed, the disease will express itself in a more disturbing manifestation later. Thus we see the rise of chronic, degenerative diseases in those who, in ignorance of natural law, too frequently submit to the manipulation of their bodies with drugs. We also see the terrible, life-shortening side effects of drugs as well as the derangement of the body by interactions of different drugs.

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<sup>1</sup> Xenobiotic -- A completely synthetic chemical compound which does not naturally occur on earth and thus believed to be resistant to environmental degradation.

On the other hand, in the natural health model, we have clear and well-proven methods to restore the body to optimal health—methods that assist the body in curing its ailments according to the principles of natural law rather than having drugs dictate a suppressive action.

In the natural health, alternative system of healing, we are preoccupied with treating the person, not the disease. We are preoccupied with the *cause* of the symptom much more than the symptom itself.

Wheelwright discovered how to take the age-old medicine of herbology and refine it into a powerful healing system that can address the complex, oftentimes daunting, modern-day challenges to our lives and quality of life. For this reason, he is credited with bringing herbology into the 21<sup>st</sup>-Century.

In this assembly of discourses, we will examine the Wheelwright Legacy, contemplate his far-reaching concepts, and learn how to apply them in clinical practice for the betterment of all people. Welcome to the Wheelwright Legacy.

### **Discourse 1: The Bio-Command Formulas of A.S. “Doc” Wheelwright**

In starting with the Wheelwright Bio-Command formulas we are starting with the apex of his research, which might seem to be putting the cart before the horse, so to speak. But let’s start with this compelling accomplishment so we have an idea of the magnitude of his work, and then backtrack through his research to understand how he arrived at this point and how it adds a powerful dimension to the Wheelwright Healing System.

Wheelwright’s research and its resulting development of six Bio-Command formulas advanced herbal medicine into a new era of effectiveness largely because it solved not only the never-ending quest for natural therapies that work, but because it solved the major challenges that herbal medicine has faced over the centuries. Even more importantly, his research specifically addresses the challenges of “our time” in that today’s health concerns are not the same as yesterday’s.

The Systemic Bio-Command Formulas<sup>®</sup> are a unique dimension in herbology. Nowhere else in herbology, and certainly with no other patent formulas, is found anything resembling the Systemic Bio-Command formulas or the clinical results they bring. The closest herbal practice to the Bio-Command concept occurs in traditional Chinese herbology where a basic mixture of herbs (hub) can be altered for a more specific effect by the addition of other compatible herbs. This is the concept of ‘*herbal compounding*.’ But only in Wheelwright’s Bio-Command research do we find both the enhancement of the original hub formula and the alteration for a specific effect occurring simultaneously. This is because of his applications of quantum physics and the resulting ability to provide a bio-energetic boost that elicits the body’s own healing trend.

*“Health is, as life is, a balanced, perfect system. The secret of herbal healing is in the vibratory rate of the innate structures of plants. As life forms, plants organize according to the secret mathematics of Life, and they can impart foundational healing information to the fundamental structures of a human being. Herbs must be combined with enhancing factors from other plants and nutritive substances to bring their full healing potential into the human realm. Then, they can help the body adjust its vibratory rate, and the body’s vitality will follow with what is necessary to cure—which is simply an adjustment of the vibratory rate of the tissue to perform its balanced function.”* --A.S. Wheelwright, Private consultation, Houston, Texas, 1988

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