

## Module One, Part Three

# HOW FOOT GLYPHOLOGY REVEALS REFLECTIVE STRESS INFORMATION

Many of the natural health arts and sciences are based on interpreting reflexive stress patterns that are revealed remotely according to the archetypal, sympathetic system of a holographic or quantum-physics view of the body. This information is causative meaning that it bears testimony to the reason why the body is struggling in a remote area. This concept of reflexive causation is something that people with Western medical orientation do not readily comprehend because the Western orientation is to associate the cause of a malady with a physical pathogen or overt tissue malfunction, and not with the underlying terrain or innate flaw of the body's self-regulatory mechanism that allowed the pathogen to flourish.

A reflexive stress pattern is based on a holistic view of the body. More specifically, this means that one part of the body cannot be affected with an injury or stress/congestion without affecting other parts of the body and the whole body in general.

In the beginning, every human being was a single cell known as a zygote. This cell contained half of its genetic information (DNA) from the mother, and half from the father making 64 chromosomes.

And since the whole person was originally contained in a single cell, the information or genes for every part of the body, e.g. kidneys, arms, brain, heart valves, muscles, teeth, nose-hairs, etc. were all contained in that single cell.

The zygote goes through phases of cell division whereby it reproduces and grows into a fetus. The one cell becomes two. The two cells become four, and the four becomes eight, etc. each a clone of the previous cell containing all the genetic information that makes a human being.

Since physical life starts with a single cell, every cell thereafter contains all the information about the body. In the process, a specialization occurs and cells form to perform specific duties. In doing so, different parts of the genetic information become dominant or recessive, or dominant and dormant, or expressive and unexpressive.

This is the basis for the concept of "cloning" whereby a skin cell could be taken from the thumb and a whole new body with all its organs (brains, kidneys, etc.) could be grown from that cell. The concept of cloning is well known in science and has often been the fertile ground of science-fiction stories.

So, to summarize, the cell that has the dominant information that states, "I am a nose-hair cell" also has the latent or recessive information on how to be a brain or patella (knee cap) cell. At this point we see that not only do the soles of the feet have the inherent information about the whole body, every cell does.

As the body organizes itself during fetal growth, its dominant/recessive patterns also lay out into larger archetypal patterns. Between every joint is a complete microcosmic body.

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This means that from the elbow to the wrist are “arm cells” which organize in a predictable fashion with reflexive zones for brain, kidney, lungs, liver, legs, etc. This is why acupuncturists will place a needle in the “kidney” or “liver” area of the arm or leg to assist that tissue remotely.

The same is true of the area between every joint of the body where the entire body is registered as a microcosm. The same organizational patterns exist with varying degrees of dominant and recessive information in the cells. Thus there is an entire body pattern between the tip of the finger and the first joint, and another between the finger’s first and second joints, between the second and third joints, and between the third joint and the wrist joint, and so forth. The body is a wheels-within-wheels repetition of the archetypal pattern of a human being.

The specific area between each joint, that is more dominant than its neighbor cells for a particular organ, has an affinity to sympathize with the primary remote tissue. For example, the kidney area between the elbow and wrist will have sympathetic stress when the actual kidney organs have stress, and those cells that organized themselves in the forearm’s kidney zone will be sore and communicate the need for help by that soreness.

This is the same premise for shiatsu where pressure points along the spine and feet are used, as with foot-reflexology whereby the practitioner will press the sore reflex points in the feet, or the popular Touch For Health® system, where points anywhere on the body will be pressed to break up the blocked energy flow and facilitate the body’s healing pathways. In these sciences, as in acupuncture, the healing energy of the practitioner is involved in a bio-energetic contribution to the patient’s energy field.

*Illus 1.1. Foot Glyphology interprets the lines in skin of the soles of the feet that lay over documented bio-energetic reflex zones.*

